Career Guidance Program
Vidya Sarathi

...Goal Setting for 10th Standard
WHY DO YOU GO TO SCHOOL/COLLEGE?

- Acquiring Knowledge and Skills
- Career Opportunities
- Personal Development
- Social Skills & Networking
- Exploring Interests
- Cultural and Social Exposure
- Preparation for the Future
WHAT IS YOUR DREAM?

(Q & A and an interactive session between trainer and students)
WHY DO YOU WANT TO WORK?

- Salary, Financial Stability
- Practice Knowledge and Skills
- Personal Growth and Development
- Professional Goals and Ambitions
- Contributing to Society
- Security
HOW TO ACHIEVE YOUR DREAMS? (GOAL SETTING)

Planning

Choose One

Science  Commerce  Arts

OPTIONS AFTER

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GOAL SETTING

Flexible
- Journey to finding the right career path.
- Exploration and self-discovery.
- Take your time, stay curious,
- Don't be afraid to pursue your passions.
HOW TO SET GOALS?
ACADEMIC GOALS

- Knowledge, Skill & Marks.
- Systematic Approach,
- Time Bound
- Seek Guidance from Teachers, Mentors
- Create Friends & GD
- Prepare Study Plan
CAREER EXPLORATION GOALS

- Explore different career options by researching various industries, job roles, and educational requirements.
- Set goals to learn more about specific careers through interviews, shadowing experiences, or online tools.
EXTRA CURRICULAR GOALS

- Extracurricular activities that align with your interests and goals.
- Sports, Gym, Music, Art, Craft, Social Service, Gardening etc.
PERSONAL DEVELOPMENT GOALS

Personal Development

- Health
- Hobbies
- Career
- Family
- Love
GOALS

● **Short-Term:** Less than 1 Yr.
  Health, Academic, Time.

● **Mid-Term:** 2-5 Yrs
  Education, Health, Soft Skills, Time Mgmt.

● **Long-Term:** More than 5 yrs
SMART GOALS

Specific
What exactly are you trying to achieve?

Measurable
How will you know when you've achieved it?

Attainable
Is it genuinely possible to achieve it?

Relevant
Does it contribute to your agency's revenue growth?

Time-bound
When do you want to achieve this by?
REFLECT

ADJUST
Career Pathways

- Explore Interests
- Balance Priorities
- Seek Feedback
- Develop Study Habits
- Embrace Challenges
- Track Progress
- Stay Flexible
- Set Achievable Goals
- Time-bound Goals
- Create an Action Plan
- Stay Flexible and Adapt
- Celebrate Milestones
- Seek Support
Practice to Stay Motivated

Yoga

Meditation

Surya Namaskara

Nature Walk

www.youthforseva.org